



## Course Overview

This certification course is broken up into four 90-minute modules. The instructor(s) offer practical, research-informed, evidence-based guidance on the development and improvement of a collaborative, multi-disciplinary CARE team. From understanding who is on the team to offering a clear process for running the meetings and triaging cases, this training offers clear and easy to apply advice for those looking to keep their communities safe. The training can be taught over one day or can be broken up over several weeks to allow for interactive learning exercises and instructor feedback.

### Each module includes:

- 90-minutes of instruction by faculty experienced in these subject matters. The instruction can be received online through Zoom or in-person.
- Detailed Thematic One-sheet Documentation and Directions (TODDs) for each content area covered in the module.
- Case studies and after-training discussion questions to increase the practical application of the concepts and improve fidelity of the training at your location.

### Module One

**Core Competencies for the CARE Team:** This first 90-minute workshop outlines six core competency areas (type of team, name, meeting frequency, leadership, documentation and membership) for any CARE or threat team. This creates a foundation for the rest of the training and is essential to ensure the team has the consistency and fidelity to work well in your community. This portion of the training moves quickly, taking into account teams that may have these core concepts in place. For those new to these concepts, TODDs are provided for further study.

### Module Two

**Initial Risk Assessment and Case Studies:** This 90-minute workshop reviews common risk factors for suicide, affective violence and targeted/mission-oriented violence. Faculty will introduce a three-tiered system of risk for CARE and threat assessment teams that will make use of five case studies to allow participants will rate the risk level. Parallel examples of risk models such as the NABITA Risk rubric and the Cornell model will be applied to each case study as further examples.

### Module Three

**Meeting Logistics, Process and Flow:** This 90-minute workshop builds upon the previous session's case studies and demonstrates how each case would move through the team. Case studies will be used to demonstrate how is information is first shared with the team as well as how and when to gather follow up information leading to specific interventions being chosen. Meeting process and flow for each case will be outlined, including clear examples of proper documentation and follow up.

### Module Four

**Growing and Maturing the Team:** This final 90-minute workshop will address next steps for teams to move from working knowledge to proficiency. Topics discussed will include gaining buy-in within your community for your team, developing marketing and advertising campaigns, creating a training schedule, and budget and yearly reporting processes to show change and growth.

### Lagniappe Module

This session is an optional 90-minute Zoom session scheduled one month after in the initial training. This "little something extra" is our commitment to answer any questions or application issues that you may have after the initial training.